

NAS OCEANA • LIBERTY PICTURE YOURSELF GOLFING!

Be introduced
to the game
of golf by
our pros!

**SAILOR ADVENTURE
QUEST SERIES**

Learn to
GOLF
For beginners E-1 to E-6!

Complete two 2-hour sessions, running now through September.

**WEDNESDAYS &
THURSDAYS** at 5 p.m.
**SATURDAYS &
SUNDAYS** at 9 a.m.

NAS Oceana Aeropines Golf Club

**CALL YOUR LIBERTY COORDINATOR
FOR DETAILS & TO REGISTER**

Dam Neck Annex	433-2981	NAVSTA Norfolk	444-4033
Huntington Hall	688-7451	NNSY	396-2451
JEB Little Creek	462-7691	NSAHR-P	953-5095
NAS Oceana	433-2981	NSAHR-NW	821-8250
		WPNSTA Yorktown	887-7395



SAILOR ADVENTURE QUEST SERIES

in Hampton Roads

CNIC is Partnering with MIDLANT Region MWR to bring **"Sailor Adventure Quest" (SAQ)** to the installations and ships in the Hampton Roads area! The goal of SAQ is to support leisure skill development for Navy MWR Liberty (E-1 to E-6) Junior Sailors, by offering instructional programming to introduce young service members to leisure and recreational activities such as golf, kayaking, surfing, rock climbing, stand-up paddle boarding, scuba diving and more! This program will lay the foundation for developing the love of a new hobby.

Learn to GOLF

WHERE:

Aeropines Golf Club at NAS Oceana
1001 G Avenue, Bldg. 581 | Virginia Beach, VA 23460

WHEN:

**Complete two (2) two-hour sessions,
running now through September:**
Wednesdays & Thursdays at 5 p.m.
Saturdays & Sundays at 9 a.m.

WHO:

Open to Junior Sailors (E-1 to E-6), each two-session course has a capacity of 25 participants, who will be provided everything they need to learn and play.

WHAT (TO WEAR):

We recommend participants come dressed in comfortable attire they can be active in, but presentable. No ripped or stained clothing, nothing inappropriate, such as slogans or images on t-shirts, nothing that is too tight, too short or revealing. Good pair of athletic shoes, such as they would wear for PT will be appropriate footwear.

WHAT (WILL HAPPEN):

This free program consists of two, two-hour sessions with professional golfers and golf ambassadors on hand to teach you everything you need to know – etiquette, tips, tricks, proper dress and how to play the game of golf.

WOW!

Everyone who completes the two sessions will be given a membership in the Hampton Roads MWR SAQ Golf Association, which provides significant discounts at all three course in the area on fees for play, cart and club rentals. There will be an Association Tournament for new golfers to show off the newly acquired skills.



***Take advantage of
the SAQ initiative
and learn to golf
this summer!***