



MWR NAVAL STATION NEWPORT FITNESS AGE AUTHORIZATION



Age	Cardiovascular Area/Track	Free Weights & Selectorized	NOFFS ZONE Platforms	NOFFS ZONE Turf & Cardio BOXES	Group Exercise Rooms	Racquetball Court	Basketball Court	Locker Rooms	Sauna	Pool
16-17	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	NO	YES Unsupervised Only permitted under qualified adult interactive supervision *Must pass swim test for deep end
15	YES Unsupervised	YES Unsupervised	NO	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised /Children 5 & over must use same sex locker room	NO	Only permitted under qualified adult interactive supervision *Must pass swim test for deep end
12-14	YES Line of Sight Supervision	YES Line of Sight Supervision	NO	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Unsupervised	YES Unsupervised	YES Unsupervised /Children 5 & over must use same sex locker room	NO	Only permitted under qualified adult interactive supervision * Must pass swim test for deep end
10-11	YES Touch Supervision	YES Touch Supervision	NO	NO	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Unsupervised /Children 5 & over must use same sex locker room	NO	YES Touch Supervision in water
7-9	NO	NO	NO	NO	NO	YES Line of Sight Supervision	YES Touch Supervision	YES Unsupervised/Children 5 & over must use same sex locker room	NO	YES Touch Supervision in water
2-6	NO	NO	NO	NO	NO	YES Line of Sight Supervision	YES Touch Supervision	YES Touch Supervision/Children 5 & over must use same sex locker room	NO	YES Touch Supervision in water
2 and Under	NO	NO	NO	NO	NO	NO	NO	YES Touch Supervision	NO	YES Touch Supervision in water