

NAVAL STATION NEWPORT FITNESS AGE AUTHORIZATION



AGE	CARDIOVASCULAR AREA	FREE WEIGHTS & SELECTORIZED	NOFFS ZONE Platforms	NOFFS ZONE TURF & Cardio Boxes	GROUP Exercise Rooms	RACQUETBALL Court	BASKETBALL COURT	LOCKER Rooms	SAUNA	POOL
16-17	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	NO	YES Unsupervised Only permitted under qualified adult interactive supervision (*must pass swim test for deep end)
15	YES Unsupervised	YES Unsupervised	NO	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised	YES Unsupervised (5 & over must use same sex locker room)	NO	Only permitted under qualified adult interactive supervision (*must pass swim test for deep end)
12-14	YES Line of Sight Supervision	YES Line of Sight Supervision	NO	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Unsupervised	YES Unsupervised	YES Unsupervised (5 & over must use same sex locker room)	NO	Only permitted under qualified adult interactive supervision (*must pass swim test for deep end)
10-11	YES Touch Supervision	YES Touch Supervision	NO	NO	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Line of Sight Supervision	YES Unsupervised (5 & over must use same sex locker room)	NO	YES Touch Supervision in water
7-9	NO	NO	NO	NO	NO	YES Line of Sight Supervision	YES Touch Supervision	YES Unsupervised (5 & over must use same sex locker room)	NO	YES Touch Supervision in water
2-6	NO	NO	NO	NO	NO	YES Line of Sight Supervision	YES Touch Supervision	YES Touch Supervision (5 & over must use same sex locker room)	NO	YES Touch Supervision in water
2 & UNDER	NO	NO	NO	NO	NO	NO	NO	YES Touch Supervision (5 & over must use same sex locker room)	NO	YES Touch Supervision in water