

DAM NECK ANNEX

Menu is subject to change.

SHIFTING SANDS

LUNCH BUFFET

11 A.M. TO 1 P.M.

DAILY BUFFET PRICE

\$8⁵⁰



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE Call for menu of the day! 2	TACO TUESDAY Beef Tacos, Chicken Fajitas, Refried Beans, Mexican Rice, Fiesta Corn, Tortilla Chips & Cheese, Salad Bar & Assorted Desserts, Chili 3	SPICY HOT WINGS Ginger Honey Roasted Pork Loin, Mashed Potatoes & Gravy, Collard Greens, Corn, Cornbread, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Navy Bean Soup 4	SHIFTING SANDS GOLDEN FRIED CHICKEN Liver & Onions, Mashed Potatoes & Gravy, Steamed Rice, Green Peas, Brussels Sprouts, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Chicken Noodle Soup 5	Authentic Hawaiian Chicken, Fried Pollock Fillet, Mashed Potatoes & Gravy, Macaroni & Cheese, Brussels Sprouts, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Manhattan Clam Chowder 6
CHEF'S CHOICE Call for menu of the day! 9	ASIAN CUISINE Chicken Tocino, Chicken Pancit (Rice Thin Noodles), Fried Rice, Green Beans, Steamed Cabbage, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Egg Drop Soup 10	SPICY HOT WINGS Sliced Ham with Pineapple Sauce, Mashed Potatoes & Gravy, Macaroni & Cheese, Green Peas, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Vegetable Soup 11	SHIFTING SANDS GOLDEN FRIED CHICKEN Ginger Honey Roasted Pork Loin, Mashed Potatoes & Gravy, Egg Noodles with Garlic and Oil, Mixed Vegetables, Cabbage, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Cream of Potato 12	Beef Pot Pie, Fried Pollock Fillet, Mashed Potatoes & Gravy, French Fries, Spinach, Cut Corn, Fresh Baked Rolls, Salad Bar & Assorted Desserts, New England Clam Chowder 13
CHEF'S CHOICE Call for menu of the day! 16	ITALIAN DAY Chicken Marsala, Homestyle Pizza, Mashed Potatoes & Gravy, Pasta with Garlic Olive Oil, Italian Medley, Yellow Squash, Fresh Baked Rolls, Salad Bar, Assorted Desserts, Minestrone Soup 17	SPICY HOT WINGS Italian Sausages with Peppers & Onions, Mashed Potatoes & Gravy, Mediterranean Stir Fry Noodles, Broccoli, Corn, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Black Bean Soup 18	SHIFTING SANDS GOLDEN FRIED CHICKEN Homestyle Meatloaf, Mashed Potatoes & Gravy, Macaroni & Cheese, Asian Medley, Green Peas with Onions, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Chicken Rice Soup 19	Indonesian Baked Chicken, Fried Pollock Fillets, Mashed Potatoes & Gravy, Macaroni & Cheese, Spinach, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Seafood Chowder 20
CHEF'S CHOICE Call for menu of the day! 23	Authentic Hawaiian Chicken, Italian Sausage with Pepper & Onions, Mashed Potato & Gravy, Rice, Green Beans, Baby Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Cream of Potato Soup 24	SPICY HOT WINGS Kielbasa Sauerkraut, Mashed Potatoes & Gravy, Macaroni, & Cheese, Green Peas, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Chicken Noodle Soup 25	SHIFTING SANDS GOLDEN FRIED CHICKEN Sliced Ham with Pineapple Glaze, Mashed Potatoes & Gravy, Macaroni & Cheese, Succotash, Green Peas, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Vegetable Soup 26	Chicken Fried Steak, Fried Pollock Fillet, Mashed Potatoes & Gravy, French Fries, Brussel Sprouts, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Manhattan Clam Chowder 27
CHEF'S CHOICE Call for menu of the day! 29	ASIAN CUISINE Thai Baked Chicken, Chicken Pancit (Thin Rice Noodles), Fried Rice, Green Beans, Steamed Cabbage, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Egg Drop Soup 30			

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CATERING AND LUNCH RESERVATIONS:
757-492-6233

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE ³ Call for menu of the day!	TACO TUESDAY ⁴ Beef Tacos, Chicken Fajitas, Refried Beans, Mexican Rice, Fiesta Corn, Tortilla Chips & Cheese, Salad Bar & Assorted Desserts, Chili	SPICY HOT WINGS ⁵ Ginger Honey Roasted Pork Loin, Mashed Potatoes & Gravy, Collard Greens, Corn, Cornbread, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Navy Bean Soup	SHIFTING SANDS GOLDEN FRIED CHICKEN ⁶ Liver & Onions, Mashed Potatoes & Gravy, Steamed Rice, Green Peas, Brussels Sprouts, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Chicken Noodle Soup	⁷ Chicken Fried Steak, Fried Pollock Fillet, Mashed Potatoes & Gravy, Macaroni & Cheese, Brussels Sprouts, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Manhattan Clam Chowder
CHEF'S CHOICE ¹⁰ Call for menu of the day!	ASIAN CUISINE ¹¹ Chicken Tocino, Chicken Pancit (Thin Rice Noodles), Fried Rice, Green Beans, Steamed Cabbage, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Egg Drop Soup	SPICY HOT WINGS ¹² Sliced Ham with Pineapple Sauce, Mashed Potatoes & Gravy, Macaroni & Cheese, Green Peas, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Vegetable Soup	SHIFTING SANDS GOLDEN FRIED CHICKEN ¹³ Ginger Honey Roasted Pork Loin, Mashed Potatoes & Gravy, Egg Noodles with Garlic and Oil, Mixed Vegetables, Cabbage, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Cream of Potato	¹⁴ Beef Pot Pie, Fried Pollock Fillet, Mashed Potatoes & Gravy, French Fries, Spinach, Cut Corn, Fresh Baked Rolls, Salad Bar & Assorted Desserts, New England Clam Chowder
PRESIDENT'S DAY ¹⁷ CLOSED	ITALIAN DAY ¹⁸ Chicken Marsala, Homestyle Pizza, Mashed Potatoes & Gravy, Pasta with Garlic Olive Oil, Italian Medley, Yellow Squash, Fresh Baked Rolls, Salad Bar, Assorted Desserts, Minestrone Soup	SPICY HOT WINGS ¹⁹ Italian Sausages with Peppers & Onions, Mashed Potatoes & Gravy, Pasta with Garlic & Olive Oil, Broccoli, Corn, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Black Bean Soup	SHIFTING SANDS GOLDEN FRIED CHICKEN ²⁰ Homestyle Meatloaf, Mashed Potatoes & Gravy, Macaroni & Cheese, Asian Medley, Green Peas with Onions, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Chicken Rice Soup	²¹ BBQ Beef, Fried Pollock Fillets, Mashed Potatoes & Gravy, Macaroni & Cheese, Spinach, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Seafood Chowder
CHEF'S CHOICE ²⁴ Call for menu of the day!	²⁵ Herb Roasted Assorted Chicken, Italian Sausage with Pepper & Onions, Mashed Potato & Gravy, Rice, Green Beans, Baby Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Cream of Potato Soup	SPICY HOT WINGS ²⁶ Homestyle Meatloaf, Mashed Potatoes & Gravy, Macaroni & Cheese, Green Peas, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Chicken Noodle Soup	SHIFTING SANDS GOLDEN FRIED CHICKEN ²⁷ Sliced Ham with Pineapple Glaze, Mashed Potatoes & Gravy, Macaroni & Cheese, Succotash, Green Peas, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Vegetable Soup	²⁸ Chicken Fried Steak, Fried Pollock Fillet, Mashed Potatoes & Gravy, French Fries, Brussels Sprouts, Carrots, Fresh Baked Rolls, Salad Bar & Assorted Desserts, Manhattan Clam Chowder

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