



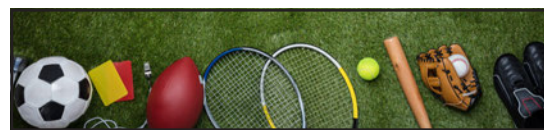
NAVAL STATION NORFOLK



2019/2020 Captain's Cup SPORTS PROGRAM

SPORT	ORGANIZATIONAL MEETING	START	TOURNAMENT DATE	PHONE	RULES
Kickball	October 1, 2019	N/A	October 21-30, 2019	444-4016	WAKA
Basketball (Afloat)	October 22, 2019	November 4, 2019	February 18-20, 2020	444-4016	NFSHSA
Basketball (Ashore)	October 22, 2019	November 4, 2019	February 18-20, 2020	444-7218	NFSHSA
30 & Over Basketball	October 22, 2019	November 4, 2019	February 18-20, 2020	444-1249	NFSHSA
Dodgeball	January 14, 2020	N/A	February 3-6, 2020	444-4016	DFA/WDA
Volleyball	February 18, 2020	March 9, 2020	April 20-23, 2020	444-7218	USVA
Indoor Wiffle Ball	March 10, 2020	N/A	March 23-26, 2020	444-4016	USPPBA
Spring Soccer	March 17, 2020	April 6, 2020	June 1-4, 2020	444-7218	FIFA
Spring Softball (Afloat)	March 31, 2020	April 20, 2020	July 6-9, 2020	444-4016	ASA
Spring Softball (Ashore)	March 31, 2020	April 20, 2020	July 6-9, 2020	444-7218	ASA
Lunchtime Bowling	April 21, 2020	May 4, 2020	July 6-9, 2020	444-1249	USBC
Summer Basketball	May 4, 2020	May 18, 2020	July 13-16, 2020	444-4016	NFSHSA
30 & Over Basketball	May 4, 2020	May 18, 2020	July 13-16, 2020	444-1249	NFSHSA
Flag Football	July 21, 2020	August 3, 2020	October 19-22, 2020	444-1249	NIRSA
Fall Softball	August 4, 2020	August 17, 2020	October 5-8, 2020	444-4016	ASA
Fall Soccer	August 18, 2020	September 8, 2020	November 16-19, 2020	444-7218	FIFA
Kickball	October 6, 2020	N/A	October 26 - November 5, 2020	444-4016	WAKA
Basketball (Afloat)	October 20, 2020	November 2, 2020	February 16-18, 2021	444-4016	NFSHSA
Basketball (Ashore)	October 20, 2020	November 2, 2020	February 16-18, 2021	444-7218	NFSHSA
30 & Over Basketball	October 20, 2020	November 2, 2020	February 16-18, 2021	444-1249	NFSHSA

Organizational meetings will be held at Pierside Bowling Center, bldg. CEP-127, at 10:30 a.m. unless otherwise determined.
Open to active duty and DoD stationed on Naval Station Norfolk. All leagues, challenges and tournaments are co-ed.



NAVAL STATION NORFOLK



Individual/Dual SPORTS SERIES

CHALLENGES	DATE	PHONE	RULES
Kickball Challenge	October 16, 2019	444-4016	N/A
Dodgeball Challenge	January 15, 2020	444-4016	N/A
Racquetball	February 12, 2020	444-1249	AARA
March Madness Free Throw Shooting Contest	March 18, 2020	444-1249	N/A
Tennis	April 15, 2020	444-1249	USLTA
Bowling Challenge	May 13, 2020	444-1249	USBC
Soccer Challenge	June 17, 2020	444-7218	N/A
3 on 3 Basketball	June 27, 2020	444-1249	NFSHSA
Dizzy Bat Baseball Challenge	July 15, 2020	444-7218	N/A
Summer Madness Track and Field	August 19, 2020	444-7218	N/A
Wiffle Ball Tourney	September 17, 2020	444-1249	USPPBA
Horseshoe	October 14, 2020	444-4016	NHPA
Turkey 3-Point Shootout	November 18, 2020	444-1249	N/A
Holiday Football Toss	December 9, 2020	444-1249	N/A

EVENTS	DATE	PHONE	RULES
All Stars Basketball Game	February 27, 2020	444-1249	NFSHSA
Throwback Softball Game	June 19, 2020	444-7218	ASA
Football Combine	September 24, 2020	444-1249	N/A
Sports Award Ceremony	December 10, 2020	444-3586	N/A

