# Mid-Atlantic Galley
# November 2026 Lunch Menu

NOTE: MENU SUBJECT TO CHANGE DUE TO HOLIDAY MEALS & PRODUCT AVAILABILITY

2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1 | 2<br>BAKED CHIKEN<br>GRILLED SALMON<br>BROWN RICE & QUINA<br>STEAK FRIES<br>GLAZED CARROTS<br>CORN ON THE COB<br>GREEK CHICKPEA SOUP | 3<br>BEEF FAJITAS<br>TACOS<br>SPANISH RICE<br>REFRIED BEANS<br>BROCCOLI<br>SUCCOTASH | 4<br>STEAK SUBMARINE<br>BAKED CHICKEN<br>WILD RICE<br>ROASTED POTATOES<br>BROCCOLI COMBO<br>SQUASH | 5<br>BAKED FISH<br>SHEPHERD'S PIE<br>BAKED BEANS<br>EGG NOODLES<br>MIXED VEG<br>GLAZED CARROTS | 6<br>TERIYAKI CHICKEN<br>CHEESEBURGER<br>OVEN FRIES<br>RICE PILAF<br>GREEN BEANS<br>SQUASH | 7<br>BACON<br>CAJUN CHICKEN<br>FRIED EGGS<br>WAFFLES<br>HASH BROWN POTATOES<br>ASPARAGUS |
| 8<br>BACON<br>GRILLED CHEESE/HAM<br>FRIED EGGS<br>TATER TOTS<br>FRIES<br>PEAS<br>CORN | 9<br>BAKED FISH<br>GRILLED CHICKEN<br>MASHED POTATOES<br>ASST CHIPS<br>BROCCOLI<br>CALIFORNIA MEDLEY<br>MINESTRONE SOUP | 10<br>TACOS<br>CHICKEN ENCHILADAS<br>RICE PILAF<br>REFRIED BEANS<br>ASPARAGUS<br>CAULIFLOWER | 11<br>CHICKEN PARM<br>BEEF STROGANOFF<br>EGG NOODLES<br>GARLIC RICE<br>BROCCOLI<br>CARROTS<br>CLAM CHOWDER | 12<br>ITALIAN SANWICH<br>BAKED CHICKEN<br>MASHED POTATOES<br>WILD RICE<br>CORN ON THE COB<br>ASPARAGUS<br>ITALIAN WEDDING SOUP | 13<br>CHILI CON CARNE<br>BAKED CHICKEN<br>SPANISH RICE<br>ONION RINGS<br>BROCCOLI<br>STIR FRY SOUP | 14<br>BACON<br>PORK CHOPS<br>FRIED EGGS<br>WAFFLES<br>CORN COMBO<br>MIXED VEG<br>VEG SOUP |
| 15<br>BACON<br>SALMON<br>FRIED EGGS<br>SAUSAGE GRAVY<br>TATER TOTS<br>SPINACH<br>CAULIFLOWER | 16<br>TANDOURI CHICKEN<br>PULLED PORK<br>RICE PILAF<br>BAKED POTATOES<br>ASPARAGUS<br>GREEN BEANS<br>BEEF NOODLE SOUP | 17<br>TACOS<br>LIME CHICKEN TACOS<br>WILD RICE<br>REFRIED BEANS<br>SUCCOTASH<br>CHICKEN GUMBO SOUP | 18<br>BOMBAY CHICKEN<br>BREADED POLLOCK<br>GARLIC RICE<br>ASST CHIPS<br>CORN COMBO<br>GREEN BEANS<br>POTATOE SOUP | 19<br>SALISBURY STEAK<br>JERK CHICKEN<br>RED BEANS & RICE<br>FRENCH FRIES<br>MIXED VEG<br>GREEN BEANS<br>VEG SOUP | 20<br>HULI HULI CHICKEN<br>CHEESEBURGER<br>WILD RICE<br>OVEN FRIES<br>BROCCOLI<br>ONION RINGS<br>CORN CHOWDER | 21<br>BACON<br>CHICKEN SANDWICH<br>FRIED EGGS<br>WAFFLES<br>HASH BROWN<br>MIXED VEG<br>CHICKEN NOODLE SOUP |
| 22<br>BACON<br>GRILLED FISH<br>FRIED EGGS<br>RICE PILAF<br>TATER TOTS<br>BROCCOLI<br>CARROTS | 23<br>BAKED CHIKEN<br>GRILLED SALMON<br>BROWN RICE & QUINA<br>STEAK FRIES<br>GLAZED CARROTS<br>CORN ON THE COB<br>GREEK CHICKPEA SOUP | 24<br>BEEF FAJITAS<br>TACOS<br>SPANISH RICE<br>REFRIED BEANS<br>BROCCOLI<br>SUCCOTASH | 25<br>STEAK SUBMARINE<br>BAKED CHICKEN<br>WILD RICE<br>ROASTED POTATOES<br>BROCCOLI COMBO<br>SQUASH | 26<br>BAKED FISH<br>SHEPHERD'S PIE<br>BAKED BEANS<br>EGG NOODLES<br>MIXED VEG<br>GLAZED CARROTS | 27<br>TERIYAKI CHICKEN<br>CHEESEBURGER<br>OVEN FRIES<br>RICE PILAF<br>GREEN BEANS<br>SQUASH | 28<br>BACON<br>CAJUN CHICKEN<br>FRIED EGGS<br>WAFFLES<br>HASH BROWN POTATOES<br>ASPARAGUS |
| 29<br>BACON<br>GRILLED CHEESE/HAM<br>FRIED EGGS<br>TATER TOTS<br>FRIES<br>PEAS<br>CORN | 30<br>BAKED FISH<br>GRILLED CHICKEN<br>MASHED POTATOES<br>ASST CHIPS<br>BROCCOLI<br>CALIFORNIA MEDLEY<br>MINESTRONE SOUP | | | | | |

# Mid-Atlantic Galley
# December 2026 Lunch Menu

NOTE: MENU SUBJECT TO CHANGE DUE TO HOLIDAY MEALS & PRODUCT AVAILABILITY

2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | 1<br>TACOS<br>CHICKEN ENCHILADAS<br>RICE PILAF<br>REFRIED BEANS<br>ASPARAGUS<br>CAULIFLOWER | 2<br>CHICKEN PARM<br>BEEF STROGANOFF<br>EGG NOODLES<br>GARLIC RICE<br>BROCCOLI<br>CARROTS<br>CLAM CHOWDER | 3<br>ITALIAN SANWICH<br>BAKED CHICKEN<br>MASHED POTATOES<br>WILD RICE<br>CORN ON THE COB<br>ASPARAGUS<br>ITALIAN WEDDING SOUP | 4<br>CHILI CON CARNE<br>BAKED CHICKEN<br>SPANISH RICE<br>ONION RINGS<br>BROCCOLI<br>STIR FRY SOUP | 5<br>BACON<br>PORK CHOPS<br>FRIED EGGS<br>WAFFLES<br>CORN COMBO<br>MIXED VEG<br>VEG SOUP |
| 6<br>BACON<br>SALMON<br>FRIED EGGS<br>SAUSAGE GRAVY<br>TATER TOTS<br>SPINACH<br>CAULIFLOWER | 7<br>TANDOURI CHICKEN<br>PULLED PORK<br>RICE PILAF<br>BAKED POTATOES<br>ASPARAGUS<br>GREEN BEANS<br>BEEF NOODLE SOUP | 8<br>TACOS<br>LIME CHICKEN TACOS<br>WILD RICE<br>REFRIED BEANS<br>SUCCOTASH<br>CHICKEN GUMBO SOUP | 9<br>BOMBAY CHICKEN<br>BREADED POLLOCK<br>GARLIC RICE<br>ASST CHIPS<br>CORN COMBO<br>GREEN BEANS<br>POTATOE SOUP | 10<br>SALISBURY STEAK<br>JERK CHICKEN<br>RED BEANS & RICE<br>FRENCH FRIES<br>MIXED VEG<br>GREEN BEANS<br>VEG SOUP | 11<br>HULI HULI CHICKEN<br>CHEESEBURGER<br>WILD RICE<br>OVEN FRIES<br>BROCCOLI<br>ONION RINGS<br>CORN CHOWDER | 12<br>BACON<br>CHICKEN SANDWICH<br>FRIED EGGS<br>WAFFLES<br>HASH BROWN<br>MIXED VEG<br>CHICKEN NOODLE SOUP |
| 13<br>BACON<br>GRILLED FISH<br>FRIED EGGS<br>RICE PILAF<br>TATER TOTS<br>BROCCOLI<br>CARROTS | 14<br>BAKED CHIKEN<br>GRILLED SALMON<br>BROWN RICE & QUINA<br>STEAK FRIES<br>GLAZED CARROTS<br>CORN ON THE COB<br>GREEK CHICKPEA SOUP | 15<br>BEEF FAJITAS<br>TACOS<br>SPANISH RICE<br>REFRIED BEANS<br>BROCCOLI<br>SUCCOTASH | 16<br>STEAK SUBMARINE<br>BAKED CHICKEN<br>WILD RICE<br>ROASTED POTATOES<br>BROCCOLI COMBO<br>SQUASH | 17<br>BAKED FISH<br>SHEPHERD'S PIE<br>BAKED BEANS<br>EGG NOODLES<br>MIXED VEG<br>GLAZED CARROTS | 18<br>TERIYAKI CHICKEN<br>CHEESEBURGER<br>OVEN FRIES<br>RICE PILAF<br>GREEN BEANS<br>SQUASH | 19<br>BACON<br>CAJUN CHICKEN<br>FRIED EGGS<br>WAFFLES<br>HASH BROWN POTATOES<br>ASPARAGUS |
| 20<br>BACON<br>GRILLED CHEESE/HAM<br>FRIED EGGS<br>TATER TOTS<br>FRIES<br>PEAS<br>CORN | 21<br>BAKED FISH<br>GRILLED CHICKEN<br>MASHED POTATOES<br>ASST CHIPS<br>BROCCOLI<br>CALIFORNIA MEDLEY<br>MINESTRONE SOUP | 22<br>TACOS<br>CHICKEN ENCHILADAS<br>RICE PILAF<br>REFRIED BEANS<br>ASPARAGUS<br>CAULIFLOWER | 23<br>CHICKEN PARM<br>BEEF STROGANOFF<br>EGG NOODLES<br>GARLIC RICE<br>BROCCOLI<br>CARROTS<br>CLAM CHOWDER | 24<br>ITALIAN SANWICH<br>BAKED CHICKEN<br>MASHED POTATOES<br>WILD RICE<br>CORN ON THE COB<br>ASPARAGUS<br>ITALIAN WEDDING SOUP | 25<br>CHILI CON CARNE<br>BAKED CHICKEN<br>SPANISH RICE<br>ONION RINGS<br>BROCCOLI<br>STIR FRY SOUP | 26<br>BACON<br>PORK CHOPS<br>FRIED EGGS<br>WAFFLES<br>CORN COMBO<br>MIXED VEG<br>VEG SOUP |
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