



OCTOBER 2026 Training Calendar

NAVAL STATION GREAT LAKES
525 FARRAGUT AVENUE BLDG. 26
HOURS OF OPERATION: MON-FRI, 0730-1600
CALL: (847) 688-3603 X 100
CLASSES ARE FREE – REGISTRATION REQUIRED



SCAN HERE FOR
CNIC, LMS CLASSES

WARRIOR AND FAMILY RESILIENCE

CLASS:	DATE:	TIME:	LOCATION:
The Emotional Intelligence Advantage	Thurs, Oct 1	1400-1500	CNIC, LMS
Do You Want Healthy Relationships?	Wed, Oct 21	1000-1100	CNIC, LMS
Staying Safe: Vigilance & Awareness in Preventing Stalking	Mon, Oct 26	0800-0900	CNIC, LMS
Cool, Calm, and in Control: Your Guide to Mastering Anger	Fri, Oct 30	0700-1000	CNIC, LMS

NAVY LIFE

CLASS:	DATE:	TIME:	LOCATION:
Married in The Military	Mon, Oct 26	1130-1230	FFSC Bldg. 26
New Spouse Orientation	Thurs, Oct 8, 22	1430-1530	FFSC Bldg. 26

EXCEPTIONAL FAMILY MEMBER PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Moving with EFM	Wed, Oct 07	1500-1600	FFSC Bldg. 26
What is EFMP?	Wed, Oct 21	1500-1600	FFSC Bldg. 26
CLIFF Notes to Visual Impairments Under IDEA	Thurs, Oct 22	1300-1400	CNIC, LMS

PARENT SUPPORT PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Playgroup	Every Monday	1015-1130	MWR Library (kid area)
Infant Massage Class	Tues, Oct 6, 13, 20 & 27	1300-1400	FFSC, Bldg. 26 RM 208
Click Smart: Kids Online Safety	Mon, Oct 26	1700-1800	CNIC, LMS

RELOCATION / DEPLOYMENT SUPPORT

CLASS:	DATE:	TIME:	LOCATION:
Holding Down the Fort	Tue, Oct 6	1100-1200	CNIC, LMS
Deployment Ready Finances: Securing Your Future	Wed, Oct 14	0800-0900	CNIC, LMS
Equipping Your Kids During Deployment	Thurs, Oct 29	1200-1300	CNIC, LMS



EMERGENCY PREPAREDNESS

CLASS:	DATE:	TIME:	LOCATION:
Resolve to Be Ready: Evacuation Planning	Fri, Oct 2	0800-0900	CNIC, LMS

CAREER / EMPLOYMENT ASSISTANCE

CLASS:	DATE:	TIME:	LOCATION:
Power Up Your Resume for Remote Jobs	Wed, Oct 7	0700-0800	CNIC, LMS
FERP Virtual Open Office Hour	Mon, Oct 19	1000-1100	FFSC Bldg. 26
Volunteer to Career	Mon, Oct 26	0800-0900	CNIC, LMS

PERSONAL FINANCIAL MANAGEMENT

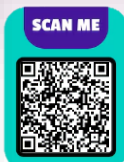
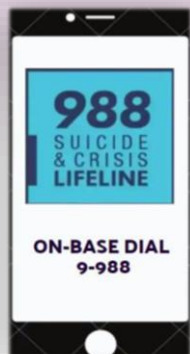
CLASS:	DATE:	TIME:	LOCATION:
Home Selling	Tue, Oct 13	1200-1300	CNIC, LMS
Making the Most of Your Overseas Pay	Mon, Oct 19	0700-0800	CNIC, LMS
The Good Life: Saving and Investing for Your Future Self	Thurs, Oct 22	1200-1300	CNIC, LMS

TRANSITION ASSISTANCE PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
TAP Pre-Separation Brief	Thurs, Oct 15	0800-1000	TAP Bldg. 617
TAP 3 Day Core	Mon-Wed, Oct 19-21 Mon-Wed, Oct 26-28	0800-1600	TAP Bldg. 617
DOL Employment Workshop	Thurs-Fri, Oct 22-23 Thurs-Fri, Oct 29-30	0800-1600	TAP Bldg. 617
Military to Civilian Transition Seminar	Mon, Oct 5	0800-1400	TAP Bldg. 617
Career & Credential Exploration Track	Wed-Thurs, Oct 7-8	0800-1400	TAP Bldg. 617
TAP Open Forum	1st Thursday of the Month	1100-1200	MS Teams

Themes and Observances for the month of September: Preparedness Month, National Suicide Prevention Month, Patriot Day, Labor Day, Navy Family Ombudsman Program Appreciation, Gold Star Family Appreciation, U.S. Airforce Appreciation!

For Classes through CNIC LMS, Please visit: MyNavyFamily.csodfed.com



How are we doing?
Please give us your feedback
online at the Interactive
Customer Evaluation
(ICE)



DOMESTIC VIOLENCE: 1-800-799-7233
CHILD ABUSE HOTLINE: 1-800-25ABUSE (22873)
SAPR Hotline: (847) 489-8196

SERVICES AVAILABLE AT FFSC, Bldg. 26

- ❖ Financial Counseling
- ❖ Career Planning and Resume Writing, Review & Support
- ❖ Educational Assistance and volunteer opportunities
- ❖ Victim Advocacy for sexual assault, domestic violence, and child abuse victims
- ❖ Deployment support and planning
- ❖ Individual, Couple, Family and Child counseling
- ❖ Home visitations, education, and support for parents
- ❖ Exceptional Family Member Support (resources for adults and children with special needs)
- ❖ Relocation Planning (CONUS & OCONUS)
- ❖ Information and Referral (links to local resources)
- ❖ Emergency Preparedness Planning
- ❖ Resource room with computers available