

Mid-Atlantic Galley

September 2025 Lunch Menu

NOTE: MENU SUBJECT TO CHANGE DUE TO HOLIDAY MEALS & PRODUCT AVAILABILITY

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 "It's A Spud" Baked Potato Bar Pepper Steak Barbecued Pulled Pork Tandoori Chicken	2 "Asian American" Beef & Broccoli Teriyaki Chicken Shrimp Stir Fry Vegetable Lo Mein	3 "Burger Blitz" Deluxe Hamburger Black Bean Burger Huli Huli Chicken Cream Asparagus Soup	4 "Southern Soul" Oxtail Stew Baked Ham Jerk Chicken Baked Mac N Cheese	5 "Hot Diggidy Dog" Corn Dog Bratwurst Chili Dog 10 Grain Pollock	6 "Make Me a Sandwich" Tuna Salad Pita BLT Green Bean Casserole Chicken Noodle Soup
7 "Game Day" Chicken Wing Bar Pizza Bar Mozzarella Sticks Hummus	8 "Mediterranean Mania" Beef & Chicken Gyros Falafel Grilled Salmon Chickpea Soup	9 "Taco Tuesday" Fish/Shrimp Taco Beef Taco Chicken Fajitas Black Bean Soup	10 "Burger Blitz" Deluxe Hamburger Black Bean Burger Chicken Teriyaki Chicken Noodle Soup	11 "Taste of Ireland" 10 Grain Fish Turkey Stew Shepard's Pie Clam Chowder	12 "Philly Day" Cheese Steak Chicken Sandwich Cajun Catfish Potato Pepper Soup	13 Lemon Baked Trout Five Spice Chicken Egg Drop Soup
14 Blackened Catfish Chicken Tenders Morzzarella Sticks Tortilla Soup	15 "Pasta Bar" Chicken Parmesan Garlic Butter Fish Grilled Chicken Minestrone Soup	16 "BBQ" Cajun Catfish BBQ Ribs Smoked Brisket BBQ Chicken	17 BBQ Chicken Chicken Pineapple Kabob Grilled Hotdogs Deluxe Burger Mac and Cheese	18 "Surf & Turf" Grilled Steak Roast Beef Shrimp Cocktail Vegetable Soup	19 "CPO Slices & Wings" Chicken Wing Bar Pizza Bar Vegetable Lasagna Lemon Baked Fish	20 "Brunch" Grilled Steak Baked Ham Salmon Primavera Waffle Bar
21 Cajun Trout Chicken Banh Mi Grilled Cheese & Ham Tomato Soup	22 "It's A Spud" Baked Potato Bar Pepper Steak Barbecued Pulled Pork Tandoori Chicken	23 "Asian American" Beef & Broccoli Teriyaki Chicken Shrimp Stir Fry Vegetable Lo Mein	24 "Burger Blitz" Deluxe Hamburger Black Bean Burger Huli Huli Chicken Cream Asparagus Soup	25 "Southern Soul" Oxtail Stew Baked Ham Jerk Chicken Baked Mac N Cheese	26 "Hot Diggidy Dog" Corn Dog Bratwurst Chili Dog 10 Grain Pollock	27 "Make Me a Sandwich" Tuna Salad Pita BLT Green Bean Casserole Chicken Noodle Soup
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