







SCAN QR CODE TO

SERVICE MEMBER, FAMILY MEMBER OR CIVILIAN - WE ARE HERE TO LISTEN!

SUICIDE

DOMESTIC ABUSE

SEXUAL ASSAULT

TO TALK TO SOMEBODY NOW, CALL:

National Suicide Prevention Lifeline: 1-800-273-TALK (8255), Select #1

National Suicide & Crisis Lifeline:

988

National Domestic Violence Hotline:

1-800-799-7233

Child Abuse Hotline:

1-800-25ABUSE (22873)

Mainside SAPR Confidential Hotline:

1-847-489-8196

DoD Safe Helpline:

1-877-995-5247

Confidential/privileged communication is always available with a Chaplain.

Weekdays from 7:30 a.m. to 4:30 p.m.

1 0.47 COO 4.4C1 and 220

1-847-688-4461, ext. 338

After hours and weekends

1-847-340-0059

KNOW HOW TO HELP A.C.T.

ASK:

Are you thinking of killing yourself?

CARE:

Listen without judgment and show that you care.

TREAT:

Escort them to immediate help – chaplain, leaders or medical professional – and share the information shared with you.

Take seriously ALL suicide threats and ALL suicide attempts.

A.C.T.

Contact the FAP Victim Advocate Weekdays from 7:30 a.m. to 4 p.m.

1-847-688-3603, ext. 100

UNRESTRICTED REPORT:

- Follows current reporting channels:
 Chain of Command, Family Advocacy
 Program and law enforcement.
- Medical attention, advocacy and counseling will be offered.

RESTRICTED REPORT:

- IS confidential
- Command will NOT be notified.
- N0 investigation
- Medical attention, advocacy and counseling will be offered.

RESTRICTED REPORTS MAY ONLY BE MADE TO:

FAP Victim Advocate, FFSC Counselor, FHCC Medical Providers RTC SAPR Advocate Confidential Hotline:

1-847-561-3884

SAPR Civilian Victim Advocates:

1-847-772-5251

SAPR SARC:

1-847-343-8132

UNRESTRICTED REPORT:

- Command WILL be notified.
- Law enforcement WILL be notified.
- A report WILL be completed.
- Medical attention, advocacy and counseling WILL be offered.

RESTRICTED REPORT:

- IS confidential
- Command will NOT be notified.
- Law enforcement NOT notified.
- NO investigation
- Medical attention, advocacy and counseling will be offered.

RESTRICTED REPORTS MAY ONLY BE MADE TO:

SARC, SAPR Victim Advocate, Active Duty Medical Providers 3L-FFSC-2207-533-LW